

Sport rage incidents: what you should do

Sport rage is any violence, bad language, abuse and general bad behaviour by players, coaches, officials or spectators. Sport rage reduces the enjoyment of our sport, risks member safety and harms the reputation of our club.

Our club does not tolerate unsporting behaviour and all reports of sport rage are dealt with seriously and promptly.

Here's what to do if you witness or are the victim of sport rage:

On the field

Sport rage on the field is managed by officials. Players should report incidents to the officials or team captain. Officials will deal with the situation according to the rules of the game. The officials can suspend play in serious situations.

Off the field

Sport rage off the field should be reported to a club committee member or ground official. It is the responsibility of these officials to approach offenders and take action. Action may include the issue of warnings, removal from the venue or even involving the police.

With any sport rage incident, it's important not to:

- Ignore it and allow situations to get out of hand
- Lose control of your emotions
- Engage in aggressive behaviour.

Remember, report incidents to a club committee member or ground official, don't deal with situations yourself.